

**2019 CLIPPER RELAYS
LAST MINUTE INFO**

1. We will be checking throwing implements so have your team check them in as soon as you arrive. Last year there was much confusion about how to enter your field event relays. Directathletics is set up to accept only three entries in each field event. **Go to the individual events to enter your field event people. To enter the Clipper Steeplechase, use the 2800DMR relay on Directathletics**
2. I will post all results on DirectAthletics shortly after the meet. If you leave me your email address, I will send you the entire results.
3. Please be sure your field event athletes check in and out with the event officials. The High Jump and Pole Vault is especially difficult to run when athletes are not available. **IT IS THE ATHLETE'S RESPONSIBILITY TO BE AWARE OF THE TIME ELEMENT. OTHER ATHLETES ARE AFFECTED BY SLOWING DOWN AN EVENT!**
Girls heights 6' 0", 7' 0", 7' 6", etc.
Boys heights 8' 0", 9' 0", 10' 0", etc.
Girls HJ progression 4'0", 4'6", 4'8", 4'10", 5'0", etc.
Boys HJ progressions 5' 0", 5' 6", 5' 8", 5' 10", etc.
4. Running events will go with or without your team. Your team will have to check in and be available if they want to run. We will not chase down teams or individuals.
5. Please update your field event entries when you get to the meet so the results will be accurate. Make sure your field athletes are aware of what flight they are in.
6. If one member of your high jump or pole vault team doesn't clear opening height, the whole team is out of the competition - just like a false start race.
7. Ties in the HJ and PV will be not broken.
8. **VARSAITY EVENTS ONLY!**
9. Please be aware that profanity will not be tolerated. Officials have been asked to be alert.
10. Ribbons for 2nd – 6th will be put in an envelope and given to the coach at the end of the meet. We will not be handing out ribbons during the meet. However, 1st place t-shirts can be picked up at the concession stand as soon as the results are announced.
11. DirectAthletics requires four names for the running relays. I never use the names so if you have some kids who you may have to substitute for field events, list their names in the running relays so that we will have their names in our data base. This makes our job much easier when dealing with field event name changes.
12. The Boys events will have a non-scoring "Buffalo Relay" at the end of the meet. **A REMINDER! Each member of the team must be 200+ lbs. We will have a weigh in during the regular 4x400. We may have to have two heats**

NEW THIS YEAR. GIRLS' 400M WALK RACE (NON-SCORING). My daughter convinced me to do the chicken dance at the end of the Clipper Relays 24 years ago when we held a girls only relay meet. I think the chicken dance has out lived its usefulness so this year I want to experiment with a Girls' 400m race walk. The boys have the Buffalo Relay, the girls will have the race walk. I am curious to see how successful this new addition will be.

If there are any problems, call me at home nights 603-379-2447. (Email: stanlyford47@gmail.com).

**CLIPPER RELAYS 2019
ORDER OF EVENTS**
Times are approximate. We will go faster if possible.

Time	Running Events	Field Events
4:30 (or sooner if possible)		PV Girls HJ Boys HJ Girls SP Boys SP Girls JAV Boys JAV Girls LJ Girls TJ Boys Discus Boys
5:15	4x800	
5:45	Distance Medley (1200-400-800-1600)	
6:00		LJ Boys TJ Girls PV Boys Discus Girls
6:15	Shuttle Hurdles	
6:35	4x100	
6:50	Clipper Steeple Chase (1200-800-400-400)	
7:15	4x200	
7:30	4x400	
7:55	Boys' Buffalo Relay (non-scoring)	
8:00	Girls' 400m Walk Race (non-scoring)	