

Girls 100 Meter Dash

State Record:	12.01	2014	Dominique Twombly	Oyster River
Division I:	12.24	1988	Angela Johnson	Nashua
Division II:	12.30	2014	Dominique Twombly	Oyster River
Division III:	12.52	2003	Courtney Bates	Belmont

Girls 200 Meter Dash

State Record:	24.44	1971	Kathy Lawson	Keene
Division I:	24.44	1970	Kathie Lawson	Keene
Division II:	24.75	2016	Viankah Williams	Milford
Division III:	25.57	2010	Carolyn Maynard	Hopkinton

Girls 400 Meter Dash

State Record:	55.59	2007	Anna Cioffredi	Lebanon
Division I:	56.22	2000	Rachel Umberger	Concord
Division II:	56.26	2015	Kristie Schoffield	Merrimack Valley
Division III:	57.14	2010	Carolyn Maynard	Hopkinton

Girls 800 Meter Run

State Record:	2:06.42	2013	Hannah Parker	Coe-Brown
Division I:	2:13.63	2017	Leya Salis	Bedford
Division II:	2:08.81	2015	Hannah Parker	Coe-Brown
Division III:	2:17.02	2018	Anna Harmon	Raymound

Girls 1600 Meter Run

State Record:	4:47.48	2010	Adrianna Vailas	Manchester Central
Division I:	4:52.98	2016	Leya Salis	Bedford
Division II:	4:47.85	2016	Maegan Doody	Oyster River
Division III:	4:57.34	2010	Jacy Christiansen	Mascenic

Girls 3200 Meter Run

State Record:	10:05.71	2017	Jacqueline Gaughan	Exeter
Division I:	10:14.35	2018	Jacqueline Gaughan	Exeter
Division II:	10:40.54	2017	Julia Robitaille	Manchester West
Division III:	10:44.46	2004	Andrea Walkonen	Conant

Girls 100 Meter Hurdles

State Record:	14.23	2013	Betsy Garnick	Bishop Guertin
Retired State:	14.38	1981	Sheri Gagnon	Nashua (30")
Division I:	14.43	2014	Betsy Garnick	Bishop Guertin
Retired D I:	14.38	1981	Sheri Gagnon	Nashua (30")
Division II:	14.78	2014	Nancy Taban	Merrimack Valley
Division III:	15.15	2016	Alex Curtis	White Mountains

Girls 300 Meter Hurdles

State Record:	43.54	2014	Corinne Kennedy	Lebanon
Division I:	43.87	1997	Katie Gayman	Manchester Central
Division II:	44.56	2014	Corinne Kennedy	Lebanon
Division III:	45.13	2016	Alex Curtis	White Mountains

Girls High Jump

State Record:	5-10	1988	Alison Poulin	Oyster River
Division I:	5-08	1996	Krista Nelson	Londonderry
Division II:	5-08	1988	Alison Poulin	Oyster River
Division III:	5-04	1991	Margaret Wheeler	Hollis-Brookline
	5-04	2015	Jeanne Puglisi	Inter-Lakes
	5-04	2016	Dominique Biron	Bow

Girls Pole Vault

State Record:	12-09	2012	Jacilyn Briggs	Keene
Division I:	11-07	2009	Lindsey Patterson	Timberlane
Division II:	11-00	2006	Rita Ciambra	Hanover
Division III:	10-00	2007	Christine Head	Hopkinton
	10-00	2012	Lucia Martin	Monadnock
	10-00	2017	Ava Mitchell	Fall Mountain

Girls Long Jump

State Record:	19-04.50	2008	Bree Robinson	Pinkerton
Division I:	19-04.50	2008	Bree Robinson	Pinkerton
Division II:	19-02.75	2015	Ariel Clachar	Coe-Brown
Division III:	17-10.25	2017	Dominique Biron	Bow

Girls Triple Jump

State Record:	40-02	2007	Ellen Powers	Bishop Guertin
Division I:	38-11.75	2007	Ellen Powers	Bishop Guertin
Division II:	37-10	1988	Lisa Barney	Oyster River
Division III:	36-10.50	2013	Rachel Hill	Somersworth

Girls Shot Put

State Record:	51-03.50	2000	Laura Gerraughty	Nashua
Division I:	51-03.50	2000	Laura Gerraughty	Nashua
Division II:	41-00	2012	Julianah Adejuyigbe	Merrimack Valley
Division III:	38-05	1991	Casrrie Adams	Inter-Lakes

Girls Discus Throw

State Record:	158-09	2007	Kelsey Huckins	Keene
Division I:	148-09	2001	Laura Gerraughty	Nashua
Division II:	137-01	2018	Kathleen Collins	Coe-Brown
Division III:	130-00	1999	Jen Haubrich	Bow

Girls Javelin Throw

State Record:	149-09	2007	Danika Ham	Somersworth
Retired State:	150-02	1981	Michelle Duhaime	Manchester Central
Division I:	139-05	2003	Heidi Nadeau	Winnacunnet
Retired D I:	150-02	1981	Nichelle Duhaime	Manchester Central
Division II:	136-04	2018	Kath Merchant	Lebanon
Division III:	144-03	2000	Danika Ham	Somersworth

Girls 4x100 Meter Relay

State Record:	48.68	2016	Milford
			N McMorrow, A Arena, O Rougeau, V Williams
Division I:	49.44	2015	Nashua North
			G Masseur, N De Almeida, A Okorie, T Choate
Division II:	49.05	2009	Milford
			B Corron, C Sebas, K Beverly, M Forte
Division III:	51.59	2014	Monadnock
			N Vitous, K Gross, C Russell, C Page

Girls 4x400 Meter Relay

State Record:	3:53.87	2013	Bishop Guertin
			S Burke, R Pelletier, B Garnick, M McCabe
Division I:	3:58.30	2011	Bishop Guertin
Division II:	4:03.05	2014	Merrimack Valley
			N Taban, K Schoffield, H Gooch, M Ramsey
Division III:	4:06.04	2010	Hopkinton

Girls 4x800 Meter Relay

State Record:	9:15.02	2011	Bishop Guertin
			S Veilleaux, S Burke, M McCabe, C Barowski
Division I:	9:28.28	2017	Bishop Guertin
			J Nigro, C Towle, H Schmitt, C Fischer
Division II:	9:34.19	2017	Souhegan
			E Lambert, J Leighton, M Romano, A Zlotnick
Division III:	9:59.17	2010	Hopkinton